

American Kenpo Karate Kung-Fu Studio

MEN
WOMEN
CHILDREN

3115 E. Cleveland Blvd. Caldwell Id. 83605



Awareness Training
Self-confidence
Trim Body
Speed
Coordination
Power

Private & Group Lessons
(208)454-9590

Brown I

___ Water Wheel

___ Tumbling Clouds

___ Rising Kick

___ Crane Kick

___ Sweeping Serpent

___ Covering the Flames

___ Silent Escape

___ Chinese Junk

___ Startled Cat

___ Offer of Dust

___ Bo Kata

___ Ming's Sword

___ Chinese Fan

___ Locking the Gate

___ Waterfall

___ Springing Tiger

___ Legion of Ming

___ Fish Hook

___ Sickle

___ Dance of the Mongoose

___ The Dagger

___ Book Set



___ Review
___ Test Review
___ Test

___ Review
___ Test Review
___ Test